



MASSAGES AT WELLNESS CORNER



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Transform Relaxation into Hope



When you indulge in a massage at our lodge, you're doing more than rejuvenating your mind, body and soul, you are changing lives! The proceeds from our wellness treatments are donated to a local school, **Pepo la Tumaini Jangwani (Wind of Hope in the Desert)**. They provide a safe haven for vulnerable children affected by poverty and HIV/AIDS. Your choice to relax helps these vulnerable children find love, care, restoration of dignity, wellness support, quality education and vocational training, to build a brighter futures.

Feel good, do good. Book your massage today and be part of a beautiful story of transformation and hope.

Our organic blended oils envelope you with a sense of wellbeing. With a choice of calming and awakening oils, Made in Kenya.

Signature Massage

Surrender to the therapeutic and restorative qualities of Swedish massage, combined with soothing Swedish effleurage strokes. Pure essential oils moisture and harmonize the body and mind. A great massage for releasing tension, increasing vitality & flexibility. *(Couples massage available)*

Duration: 90 mins, 60 mins or 30 mins

De-Stress Massage

A deep tissue treatment that focuses on aligning deeper layers of muscles and connective tissue. Ideal for guests with chronic tension, athletes, & those experienced with massage.

Duration: 90 mins or 60 mins

Tension Relief Back, Neck and Head Massage

Our therapist will loosen tense muscles in areas of back, neck, shoulder and head using remedial style Deep tissue or Swedish massage.

Duration: 60 mins or 30 mins

Thai Massage

East meets west with smooth stretching and palming techniques to uplift and revive. Helps with Jet lag, poor circulation and fatigue.

Duration: 90 mins

Aroma Paradise Massage

This is a relaxing therapy that enhances your physical, mental & emotional wellbeing with a choice of heavenly and aromatic oils from a selection of soothing, renewing, detoxifying and balancing aromas.

Duration: 60 mins or 30 mins

Reflexology

This treatment involves manipulation of reflexology points on the feet & hands which relate to various parts of the body. Improves circulation, relaxation, eases pain and restores body functions to better health. An excellent choice for those suffering from Arthritis and other foot pains

Duration: 45 mins



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